



FRIENDS

like me



Social Skills Group

This program is a parent- assisted intervention focusing on teens in middle school and high school who are having difficulty making or maintaining friendships.

The program includes separate parent and teen sessions that meet at the same time for 90 minutes each week over a 14 week period. The group focuses on skills like:

- Having conversations
- Entering and existing conversations
- Using electronic forms of communication
- Choosing appropriate friends
- Bullying
- Handling teasing
- Social rejections
- Handling arguments
- Disagreements with friends
- Having appropriate get togethers
- How to be a good host
- How to be a good sport



Making & Maintaining Friendships.

PEERS® is the Program for the Education and Enrichment of Relational Skills. It is world-renowned for providing evidence-based social skills treatment to adolescents, and young adults with autism spectrum disorder (ASD), attention deficit/hyperactivity disorder (ADHD), anxiety, depression, and other socio-emotional problems.



Caring Family Supports LLC,
Under the guidance and supervision of
Orli Almog, M.S., CFS Director &
InTouch Behavioral Services Director
Fernanda Welsh, M.S., BCBA

